Research Section, Evidence Based Practice Special Interest Group (EBP SIG)

Combined Sections Meeting (CSM), Business Meeting Minutes 2/5/14

Attendees: Julie Tilson, Lisa Selby-Silverstein (recorder, substituting for John Heick), Randy Richter, Hilary Greenberger, Traci Norris

Excused: John Heick (secretary), Cheryl Hill

1. Julie Tilson, EBP SIG Chairperson, presided over the meeting.
2. Vice Chair/Programming Chair report (Lisa Selby-Silverstein) –
   a. This year’s SIG programming is entitled: How Should I Treat This Patient? Accessing synthesized evidence at the point of care. It is scheduled for 2/6 Friday 3-5 pm. CC Rm 132. The speakers are Lisa Selby-Silverstein (Intro and 6S approach), Mike Costello (case: man with Acute LBP), Carrie Russen (case: 4.5 mo old with torticollis), Jenna Ogsten (case: man with chronic ankle instability), Julie Tilson (pilot data and facilitated practice).
3. Secretary’s report (from John Heick presented by Julie Tilson) –
   a. EBP SIG has minutes posted on the research website.
   b. EBP SIG maintains a membership list.
4. Treasurer report (Hilary Greenberger) –
   a. We have $400.00 left over from our previous fund raising initiative in case people have things they need to do that might cost some money.
   b. Take/buy Left over T shirts from last year.
5. Communications Chair - Cheryl Hill was unable to be present, but Julie Tilson acknowledged her contributions noting that Cheryl contributed to the website and set up a listserv that was not used enough to make it worthwhile to continue. Julie noted that Cheryl needs to stepdown from this role and highlighted that we will be appointing someone to replace her.
6. Julie described this year’s accomplishments.
   a. Randy Richter spearheaded this year’s CSM “give away”. It is a laminated card that explains key EBP terms. It is intended to fit in a lab jacket pocket as a reference for clinicians.
   b. Guidelines for Evidence Based Practice in Entry Level Curriculum were published in March of 2014. Julie acknowledged Dave Levine, Randy Richter, Deanne Faye, and Sandra Kaplan as key contributors amongst others. She noted people can access this document on the Research Section Website under the EBP SIG.
   c. The EBP Journal Club started and is continuing as a conference call (Julie will continue this after she rotates out of office in May). In this journal club, we have reviewed an article and invited one of the authors to discuss the article with people on a conference call. We had 2 of these this past fall and they both were well received. People interested in participating or recommending presenters or articles to review should be sent to Julie.
   d. We have been asked to participate as methodologists in a number of CPGs. There also are opportunities for people to serve as Cochrane reviewers, or PTNow CPG+ reviewers. Tell Julie if you are interested in serving in any of these capacities.
7. Discussion took place about facilitators and barriers to EBP
a. Facilitators in clinics:
   i. Technology (access to internet in clinics)
   ii. PTNow
   iii. Dedicated time
b. Barriers:
   i. Clinics not permitting clinicians to go onto internet, fear of wasting time
   ii. Age gap - people not comfortable with internet (or older people running departments)
   iii. No dedicated time
   iv. Rigid EMR that comes with package/template on outcome measures, etc
   v. Productivity concerns/demands
   vi. Continuing education not always good at incorporating EBP (requirements of CEUs)
   vii. Clinicians are not sure on how to dissect a paper; published work is still intimidating
   viii. Clinicians need environments that supports EBP
   ix. There is insufficient modeling in clinics
   x. There is insufficient access to literature
   xi. It is hard to practice what we preach (we teach it, but when we get to the clinic we find we do not have time to find optimized EBP).

8. A brainstorming session was conducted related to programming the SIG would like to see presented next year at CSM and other Ideas were discussed to address the needs of clinicians to facilitate EBP:
   i. The SIG could take the terminal objectives from the entry-level guidelines and turn them into measurement objectives. The idea was that these could guide this SIG as to what education things need to be provided. The group felt some type of educational modules would be good to fabricate related to these objectives. If this occurs the modules should carry CEUs.
   ii. The SIG should Promote “push” resources. For example, we could develop synopsis of publications in high impact journals and push them out through PTNow.
   iii. We should work to promote EBP Integration into Electronic Medical Record – this was identified as the topic for next year’s CSM programming. The idea was to have EMR representatives present ways that EBP are integrated into their systems, since that is believed to be the best way to promote knowledge translation according to the 6S model from McMaster University. Ideas for EMR companies to be contacted were Systems 4, Clinicient, Zynx (Los Angeles), Millennium (provides red flags related to lab values and meds), FOTO, etc.
   iv. There was discussion that clinicians may not be aware of publication bias, in that many things don’t get published if the results are show no significant differences, so there was a belief that we need to educate people about “How to interpret non-significant findings”.

9. Nominating Committee – The following is the slate of candidates who ran for offices in the SIG
   a. Chairperson – Randy Richter, PT, PhD*
   b. Secretary – Tracy Austin, PT, PhD, ATC*
   c. Nominating Committee –
      Nathan Hellyer, PT, PhD
      Megan Warren, PT, MPH, PhD*

   There was an offer for nominees from the floor. There were none. A vote took place and the people who won the election have asterisks next to their names above. Julie Tilson thanked all the people who ran for office.

10. Outgoing officer acknowledgement –
   a. Julie Tilson acknowledged Randy Richter on behalf of the SIG with a plaque.
   b. John Heick was acknowledged as the outgoing Secretary. Since John was unable to attend this meeting, Julie noted that she planned to award him a plaque at the Research Section Meeting.
   c. On behalf of the SIG, Lisa Selby-Silverstein thanked Julie Tilson for her service as Chairperson of the SIG and awarded her a plaque and flowers.